

2018 Annual Report



THE HEALING CENTER
a grief support community
adults • children • families

Another Year of Healing

A few Saturdays back, the house at The Healing Center was bustling. It was a cold November morning and inside ten strangers came together to learn about The Healing Center and get trained as new volunteer facilitators for our grief support groups. Their energy and excitement to understand how we run our groups, their willingness to spend their time giving back to our community and sharing their own stories warmed the house.

This is the fourth training we have run since January 2018 for our volunteers and that speaks volumes about how far we have come in the last year. In the past, we only ran one or maybe two because group attendance was fairly flat.

This past year, we've seen unprecedented demand for our services. In 2017 about 190 new people called The Healing Center in search of grief support. As of early December, we have connected with over 370 widows, widowers, families and individuals who are dealing with loss and seeking group support. We've been able to make space in our groups to accommodate our larger need and have also strengthened our referral network to direct people to the additional support and resources they may need.

The Healing Center was founded in 2000, moved into our current home in Roosevelt in 2008, and today, we provide services to over 700 people. With our strong new Clinical Director aboard and our soon-to-be-hired Executive Director, we are excited for the year ahead, as we explore new programs to serve our clients and continue to provide the critical grief support needed for individuals and families as they navigate their new life filled with loss.

People call The Healing Center when a loved one has died and during one of the most vulnerable and significant moments in their lives, they trust our organization to be here - to support them, give them a safe place to land and to help them find their new normal. As you'll see in this report, the need in our community for our services is strong and it is our belief that there will be a day when everyone can move through the grief of a profound loss in a healing way.

Thank you for your support and love. You have made The Healing Center what it is today. We look forward to another year of important work together - helping those in our community move through their grief and heal.

Take care and be well,



Aaron Reich
Board President



Board of Directors

Aaron Reich
President

Kim Kelly
Vice President

Adam Heffley
Treasurer

Alison Howard

Amy Friedman

Julie Arguez

Maygan Wurzer

Leadership Staff

Alicia Barry
Operations Director

Caitlin Koch
Clinical Director



Impact

"I am simply grateful that The Healing Center is a place of comfort. I'm surrounded by others who have also experienced loss, share how they feel and learn how to cope with what seems to be too devastating."

- Group participant

PEOPLE SERVED

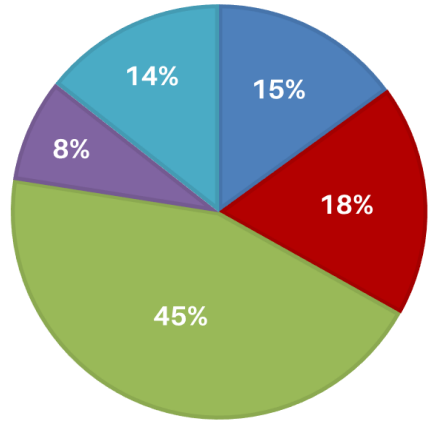
731

SUPPORT GROUP MEETINGS

312

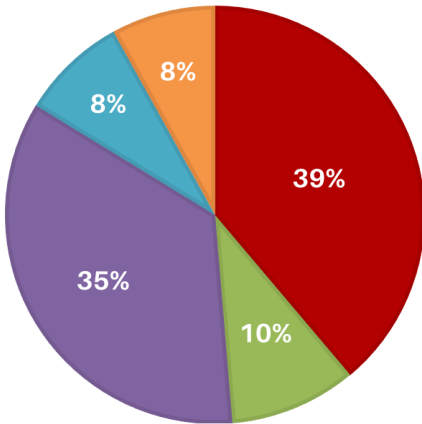
VOLUNTEER SERVICE HOURS

750

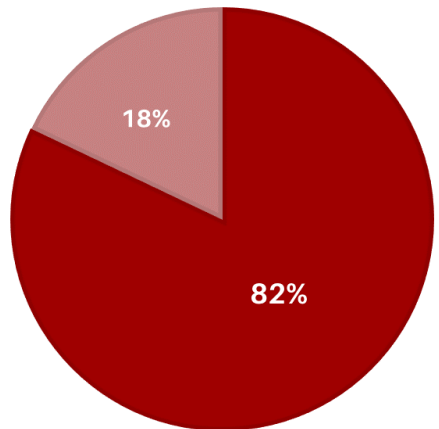


■ General Loss ■ SOS
■ Kids & Teens ■ Young Adult
■ Partner/Spouse

Financials



■ Individual Donations
■ Corporate Donations
■ Special Events
■ Counseling Income
■ Grants/Foundation



■ Programming
■ Administration

Thank You!

A huge thank you to all who helped make 2018 our most successful year yet! A special thank you to our volunteers, donors and mission partners who generously contributed their time and resources. Below are our 2018 mission partners.



The Healing Center

6409 1/2 Roosevelt Way NE

Seattle, WA 98122

(206) 523-1206

hello@healingcenterseattle.org

www.healingcenterseattle.org

Get Social with Us!

Follow The Healing Center on Facebook for the latest news.

Get Involved

Thanks to our donors' contributions we are making a larger impact on the community every year!

Below are a few ways you can contribute:

- Mail a check, phone in a donation or give online
- Become a monthly donor
- Ask your employer to match your donation

Donating to The Healing Center doesn't have to be a financial contribution, we always need volunteers. Here are a few volunteer opportunities:

- Volunteer as a group facilitator or in the office
- Join our board or advisory committee
- Become a table captain for our annual luncheon or fall fundraiser