

THE HEALING CENTER

Children's Grief & Crisis Resources in WA

While we try our best to update this information, we hope you will contact these services directly to verify the availability and cost.

Name	Format	Time & Location	Cost & Information
Bridges Center for Grieving Children	For children between the ages of 4 and 18 who are grieving the death of a family member	Tacoma	Free of cost https://www.marybridge.org/patients-visitors/patient-family-support-services/bridges-center-for-grieving-children/#pattern4_3
Camp Erin	For children and teens ages 6 to 17, Camp Erin is a weekend long bereavement camp for children who are grieving a significant person in their lives	Summer weekend, King County and Snohomish County locations	Free of cost https://compassuslivingfoundation.org/camp-erin/ King County contact: 206-445-8980 CampErinKing@Compassus.com Snohomish contact: (425) 382-6060 CampErinSno@Compassus.com
Camp Erin Online	Virtual support for youth and families who are grieving the death of a significant person in their lives	Virtual over Zoom Held throughout the course of the year, not just in the summer	Free of cost KellyPetersohn@elunanetwork.org https://elunanetwork.org/eluna-camps/camp-erin-online/
Wild Grief	Peer support programs in nature for grieving youth, families, and people of all ages	Walks, hikes, backpacking, and camping trips in the Puget Sound region	Free of cost (360) 358-3213 https://www.wildgrief.org/

Safe Crossings	Anticipatory grief and bereavement for children and teens	Grief support through home, school, or telehealth visits	Free 206-445-8980 makenzie.muilenburg@compassus.com https://foundation.providence.org/wa/hospiceseattle/giving-opportunities/grief/safe-crossings-children's-grief-support-program
SoundCareKids with Providence Hospital	For families with children who have suffered a loss. An educational group meets concurrently to help parents/guardians meet their children's needs	Virtual	Free (360) 493-5928 https://www.providence.org/locations/wa/st-peter-hospital/patients-and-visitors/support-groups
Mental Health Support Groups			
NAMI Seattle	Groups for people living with various mental health challenges as well as their family members/caregivers	Various locations	Call/Text: (425) 298-5315 FMI: helpline@namiseattle.org https://namiseattle.org/nami-seattle-support-groups-other-community-groups/

Immediate Resources	
Crisis Connections	24 hour Crisis Line: 866-427-4747
Washington State's Mental Health Youth Referral Service	(833) 303-5437, Monday through Friday from 8 a.m. to 5 p.m.
Safe Crossings Foundation's Resource Web Page	https://safecrossingsfoundation.org/2021/01/12/community-resources/
Center For Loss- Books, blogs, seminars, and resources to learn the fundamentals of grieving.	https://www.centerforloss.com/
What's Your Grief- books, blogs, podcast episodes, online classes, and more to offer a space for sharing and support.	https://whatsyourgrief.com/